

Recipe: Spiced Apple Pie

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Number of Servings: 16 (119.06 g per serving)

Weight: 2225.82 g (Yield: 1904.93 g)

Moisture Loss: 95.00 Gram

Recipe

Item Name	Quantity	Measure
Crust, pie, refrig dough	2	Each
Apples, peeled, fresh, sml 2 3/4" (AP Whole)	10	Each
Juice, lemon, fresh	4	Teaspoon
Sugar, white, granulated	1	Cup
Spice, cinnamon, ground	1.25	Teaspoon
Spice, nutmeg, ground	0.25	Teaspoon
Salt, table	0.25	Teaspoon
Flour, all purpose, white, bleached, enrich	4	Tablespoon
Butter, salted	1	Tablespoon
Milk, 1%, w/add vit A & D	1	Tablespoon

Multi-Column

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Calories (kcal)	212.00	178.06	Dietary Fiber (g)	1.21	1.02
Calories from Fat (kcal)	70.72	59.40	Total Sugars (g)	20.75	17.43
Fat (g)	7.87	6.61	Protein (g)	1.47	1.24
Saturated Fat (g)	3.49	2.93	Vitamin A - IU (IU)	55.16	46.33
Trans Fatty Acid (g)	0.03	0.02	Vitamin C (mg)	3.70	3.11
Cholesterol (mg)	4.96	4.16	Calcium (mg)	8.02	6.74
Sodium (mg)	183.30	153.95	Iron (mg)	0.17	0.15
Carbohydrates (g)	36.61	30.75			